

Adapted books for page turning

Some children with a physical disability may struggle with page turning when sharing a book. Here are a few ideas to try to make the book more accessible for the child. There are lots more ideas online but it would be good practice to speak to the child's Occupational Therapist in order to match the adaptation to the child's skill level.

Ribbon and pompoms



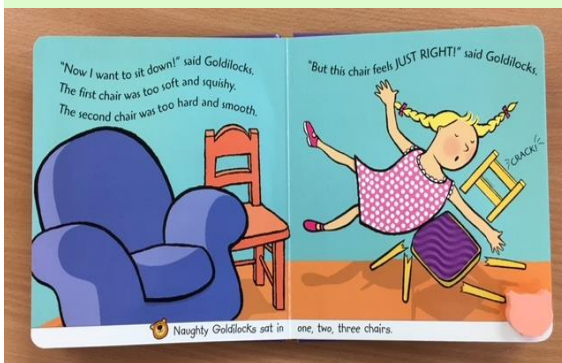
Use ribbons and pompoms stuck to each page.

Place the pompom in the child's hand and support them to pull to turn the page.

The pompom stoppers assist with grip and prevent the ribbon slipping through fingers.



Spacers

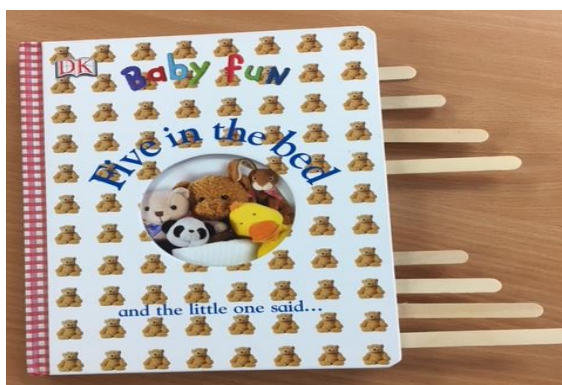


Using spacers to separate the pages makes it easier for little fingers to turn the pages independently.

Stick 'spacers' on to each page corner. You could use erasers, Lego blocks, polystyrene package fillers, etc. This illustration uses foam shapes. This is especially useful if the child is only able to use one hand (at a time).



Wooden sticks



Attach wooden lolly sticks to board book pages as page extenders/levers.

Start from the bottom and work up in regularly spaced intervals to ensure the longest one is nearest and most accessible to the child.

